

Talking Trash in the Community

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York Region Food Network





Mission

York Region Food Network delivers food programs and education to ensure that the people of York Region have access to healthy and sustainable food.

Vision

‘Food for Health – Food for All’



Values

- Health & Wellbeing
- Environmental Sustainability
- Economic Opportunities
- Education & Skills
- Social Justice & Equity



A GUIDING DOCUMENT FOR THE DEVELOPMENT OF COORDINATED FOOD-RELATED POLICIES AND PROGRAMS IN YORK REGION

We believe a collaborative and integrated approach is essential to create a healthy and just food system for all.

We value...

- HEALTH AND WELL-BEING**
 - Access to a variety of healthy and affordable food in all neighbourhoods and facilities.
 - Food policies and practices to improve and inspire health.
 - The importance of food for physical, mental, emotional and cultural wellbeing.
 - Community ownership of healthy, locally-grown and processed food.
- ECONOMIC OPPORTUNITIES**
 - Economic development plans that ensure robust and financially sustainable agriculture.
 - Innovative food and related industries that unite producer, processor, distributor, health, tourism, education and hospitality sectors.
 - Locally-grown traditional and world foods.
- ENVIRONMENTAL SUSTAINABILITY**
 - Rural and urban agriculture practices that protect biodiversity and improve the health of our land, soil, water, and air.
 - Integrating agriculture and food into energy and climate change policies and strategies.
 - Protection of agricultural lands and a streamlined regulatory framework.
 - Reducing food and packaging waste among consumers, retailers, processors and producers.
- EQUITY AND SOCIAL JUSTICE**
 - The basic right of all residents to safe, nutritious, culturally appropriate, accessible food.
 - Dignified access to food for all.
 - Fair compensation and a safe and respectful work environment in the agriculture and food sectors.
- EDUCATION AND SKILLS**
 - Food literacy and skills for all residents, with a focus on food growing, healthy cooking, and composting.
 - Education that supports opportunities in the agriculture and food sector.
 - Understanding the connections between food, farming, health and the environment.



The York Region Food Charter aligns with a food movement across Canada, promoting a system from farm to plate that provides access to local, affordable and nutritious food. The York Region Food Charter is a vision of thriving urban and rural communities where residents, businesses, and governments are creating a resilient food system.

March 2018 Find an action at www.yorkregionfoodcharter.com

Our Programs

In the Garden

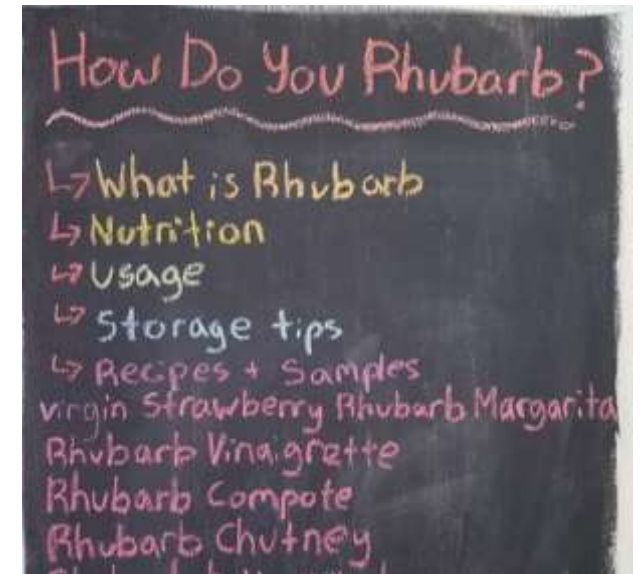
- School, Community & Allotment Gardens
- Seed and Equipment Library
- Preserving the Season
- Gleaning



Our Programs

In the Kitchen

- Seasonal Spotlight Workshops
- Community Cooks
- Kids in the Kitchen
- Multicultural Kitchen Classes
- Family Cook Together



Our Programs

- Vermi-compost
- 3-Stage Composter
- Barrel Composting



What does all this mean?

- It's a lot of hard work, but lead by example
- Seek partnerships in the community
- Bring together people who don't usually work together
- Seek coordinated messaging and collaborative actions
- Focus on the connection between food skills, health and food waste



Questions?

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